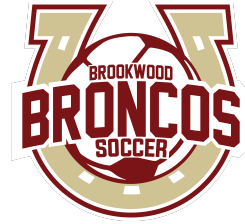


## Brookwood Soccer 2023 Player Meeting (August 2022)



### Player Information

Please fill out ASAP and completely.



### Rank One

This is our new system for physicals and paperwork. Get your parents to set up an account immediately and begin the process of getting your physical and other paperwork added. You will not be allowed to play without a completed Rank One account! You simply print out the physical form from Rank One and take that to the doctor with you. You then scan it and upload to Rank One. Kroger, Walgreens, and CVS are great places to get physicals!

<https://www.rankonesport.com/content/>



### Brookwood Soccer Website

[www.brookwoodsoccer.com](http://www.brookwoodsoccer.com)



### **Pecan Fundraiser**

Everyone trying out for Brookwood Soccer will be asked to participate in our Pecan fundraiser. This will take place in November with delivery in December. More details will be available at our meeting in October.

### **Meat Fundraiser**

All players will sell a minimum of 2 packages. You can start now and not have to wait until the season. See handout for details.

### **Parent Involvement**

We will be contacting all of your parents to be involved with our booster club this year. We need a lot of help. If any of your parents would like to volunteer to help, have them reach out to Coach Tolmich (Girls) at [michael.tolmich@gcpsk12.org](mailto:michael.tolmich@gcpsk12.org) or Coach Mohsen (Boys) [adel.mohsen@gcpsk12.org](mailto:adel.mohsen@gcpsk12.org)

### **Spring Break**

Varsity only. We will practice Friday around 4:00 and have a team dinner afterwards. We have a game scheduled for Saturday. These are very important to help get us ready for the playoffs which begin the next week.

### **Grades and Eligibility**

You must pass 5 classes and be on track for graduation in order to play (1st Semester grades). If you are struggling, let us know so we can get you help.

### **Staying Fit**

Best is to make sure you are playing high-level club ball. Don't overdo things and be involved with too much. Your body needs time to recover. If you are not playing club ball, you better be getting training or something to stay on top of things.

### **Important Dates**

Friday, 11/18/22: Rank One must be complete. All players should turn in a copy of their physicals to coaches. INCOMPLETE RANK ONE = NO TRYOUTS

December and Beginning of January: Optional Conditioning.

Monday-Wednesday 1/9/23-1/11/23: Tryouts at 2:45 (Thursday, 1/12/23 if necessary)

### **Coaching Staff**

Michael Tolmich - Varsity Women's Head Coach [michael.tolmich@gcpsk12.org](mailto:michael.tolmich@gcpsk12.org)

Adel Mohsen - Varsity Men's Head Coach [adel.mohsen@gcpsk12.org](mailto:adel.mohsen@gcpsk12.org)

Todd Henry - JV Women's Head Coach/Varsity Assistant [todd.henry@gcpsk12.org](mailto:todd.henry@gcpsk12.org)

Jordan Bryan - JV Men's Head Coach/Varsity Assistant [jordan.bryan@gcpsk12.org](mailto:jordan.bryan@gcpsk12.org)

Jason Dopson - Athletic Director

Website: [www.brookwoodsoccer.com](http://www.brookwoodsoccer.com)

Instagram and Twitter: @BHS\_futbol